



2022-23 NIAA Contact (Game) Limits

Fall Sports

Cross Country	14 total contacts
Football	9 games
Girls Golf	16 total contacts
Soccer	18 games plus two tournaments
Tennis	18 total contacts
Girls Volleyball	18 matches plus two tournaments

Winter Sports

Basketball	18 games plus two tournaments
Bowling	18 matches plus two tournaments
Flag Football	18 games plus two tournaments
Skiing	14 total contacts
Wrestling	15 total contacts

Spring Sports

Baseball	21 games plus two tournaments
Boys Golf	16 total contacts
Softball	21 games plus two tournaments
Swimming and Diving	12 total contacts
Track and Field	14 total contacts
Boys Volleyball	18 matches plus two tournaments

Contact: Any competition (game/dual, meet, match and/or non-school-affiliated event) within the period of the NIAA (sport) sanctioned season.

For more information, see NAC 385B.378 – Maximum number of games, contests or meets during seasons for sanctioned sports; exemption (NRS 385B.090)